The Sun (England)

**February** 16, 2016 Tuesday   
Edition 1;   
National Edition

Clubbers 'live long'  
  
**SECTION:** NEWS; Pg. 14  
  
**LENGTH:** 61 words

PENSIONERS in **social clubs** are likely to live longer, a study shows.

Belonging to book circles and church groups is as healthy as exercising, researchers claim.

People in two clubs at retirement have six times more risk of dying in six years if they quit both.

The study in the BMJ Open journal said belonging to clubs predicts "quality of **life** and likelihood of dying".

**LANGUAGE:** ENGLISH